



Superdupermune contains potent botanical extracts which have anti-mi-crobial, anti-inflammatory and immune enhancing activities. It is uniquely formulated to be used in acute viral, bacterial, fungal or parasitic infections, especially at the onset of symptoms.

## **Ingredients:**

Echinacea Root & Flower, Usnea Lichen, Elecampane Root, Andrographis Aerial Parts, Hyssop Flowering Herb, Chinese Scullcap Root, Isatis Root & Lomatium Root in an average of 52% grain alcohol, with distilled water, flavored Stevia Leaf extract and Holy Basil (Tulsi) Essential Oil.

## **Suggested Use:**

½ to 1 teaspoon 3 to 6 times a day in water, herb tea or non-citrus juice, for 5 to 10 days during acute infections. Not for long term use. Discontinue if rash or allergic reaction develops. Seek medical guidance if symptoms worsen.

**Cautions:** Not for use during pregnancy or lactation. Do not use if on cyclosporine. Use with caution if on any blood thinning medications or if you have an auto-immune condition.

**Additional Suggestion:** During any acute illness, minimize high sugar, dairy and processed foods, stay well-hydrated (especially during fevers), and get sufficient sleep.

## **Specific Ingredients:**

**Echinacea Root & Flower** - A blend of Echinacea angustifolia root, E. purpurea root and flower, and E. pallida root, these have anti-inflammatory, immune stimulating, antiviral and antibacterial activity.

**Usnea Lichen** - A blend of an algae and a fungus, usnea lichen has strong anti-fungal and antibacterial activity. It is also antispasmodic to the lung and large intestine.

**Elecampane Root** - Elecampane has anti-bacterial and anti-amoebic activity, and is an expectorant for tick-lishcoughs.

**Andrographis Aerial Parts** - Andrographis has antiviral, anti-inflammatory, immune stimulating, anthelmintic

and antihepatotoxin activity. It is also used for intestinal parasites.

**Hyssop Flowering Herb** - Hyssop has anti-viral activity and is especially useful for the flu and herpes viruses.

It is also used for the relief of gas.

**Chinese Scullcap Root** - Also known as Huang Qin or Baikal Scullcap, this mint has antibacterial, antiviral, anti-inflammatory, anti-allergic, antihepatotoxin and fever-lowering activity.

**Isatis Root** - Isatis has antiviral and antibacterial activity.

**Lomatium Root** - This native herb has strong antiviral and antibacterial activity, especially in respiratory and urinary tract conditions.

**Stevia Leaf** - Stevia leaf is 250 to 300 times sweeter than sugar, with no calories and no impact on blood sugar levels.

**Holy Basil Essential Oil** - Also known as tulsi basil, this concentrated oil from the leaves has antifungal and antimicrobial activity.

**Sources:** All the products used in this formula are sourced from superior manufacturers. The alcohol-water extracts come from companies whose products are made under Current Good Manufacturing Practices, where the materials are certified by analysis for purity and potency. Those products are made from certified organic or ethically wild-crafted botanicals, with extractions done using certified organic pharmaceutical grade alcohol or pharmaceutical grade glycerine.

Available in: 1 oz, 2 oz, 4 oz or 8 oz

## **References:**

Winston D, Herbal Therapeutics: Specific Indications for Herbs & Herbal Formulas, 9th Ed, 2009, Herbal Theraputics Research Library, Broadway, NJ.

Kuhn M & Winston D, Herbal Therapy & Supplements, Second Ed, 2008, Wolters Kluwer/Lippincott Williams & Wilkins

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